



Talk-In Clinic

Questions About Your Goals – Child/Youth

The sentences below describe how children think about themselves and how they do things in general. Please read each sentence carefully. For each sentence, please think about how you are in most situations. Place a check inside the box that best describes YOU right now. For example, place a check in the box “none of the time” if this describes you. Or if you are this way “all of the time”, check this box. Please answer every question by putting a check in one of the boxes. There are no right or wrong answers.

		None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
1	I think I am doing pretty well.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	I can think of many ways to get the things in life that are most important to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	I am doing just as well as other kids my age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	When I have a problem, I can come up with lots of ways to solve it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	I think the things I have done in the past will help me in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Even when others want to quit, I know I can find ways to solve the problem.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>